

# Infirmiry Program: Sherbourne Health Centre

Jonathan Sutherland

Community Health Worker

# Infirmiry Program Overview

- Part of a Health Centre providing primary care to underserved, newcomers and LGBTQ populations in downtown Toronto
- 10 bed unit with a maximum 3 week stay
- Serves homeless/under-housed individuals recovering from an acute medical condition who are leaving hospital or in the community and require medical care
- Nurturing & supportive environment to facilitate recovery and respite
- Staffed by RNs, Community Health Workers, Case Manager, Intake/Admission RN, Physician, Support Staff

# Case Scenarios

## Client A

- Paraplegic due to work accident
- Ulcer on buttocks – size of fist
- Substance use
- Marginally housed
- Personality/behavioural issues
- In/out ER and hospital

### GOAL

- Personal care & wound care 3x week
- Respite

## Client B

- Chronic cocaine addiction
- Vasculitis 2<sup>o</sup> to levamisole poisoning
- Wanting to abstain from substances – needing different housing as current housing “crack house”

### GOAL

- Daily wound care
- Suitable housing

# Client C

- Newcomer
- LGBTQ / transgendered male to female
- Homeless
- Cellulitis
- Admitted to hospital with Pneumonia
- CCAC referral made

## GOAL

- IV antibiotics
- Wound care
- Safe housing

# Impact

- Facilitates safe transition from hospital to community
- Provides care and respite that would not be possible if homeless
- Connects to primary care provider
- Linkages to housing
- Partnerships with community agencies enabling continuity of care

For more info: [www.sherbourne.on.ca](http://www.sherbourne.on.ca)

[jsutherland@sherbourne.on.ca](mailto:jsutherland@sherbourne.on.ca)