

# The Development of a Canadian Housing First Toolkit

Geoffrey Nelson, Wilfrid Laurier University
Paula Goering, Centre for Addiction and Mental Health
Myra Piat, Douglas Institute/McGill University
Stephen Gaetz, York University/Canadian Homelessness Research Network
Lauren Polvere, Douglas Institute (Project Lead)
Eric Macnaughton, Mental Health Commission of Canada
Rachel Caplan and Timothy Macleod,
Wilfrid Laurier University

### Introduction

 <u>Context</u>: At Home/Chez Soi: federally funded, mixed methods RCT evaluating Housing First in five Canadian cities

 <u>Aim</u>: The purpose of this project is to create a Canadian Housing First Toolkit that can be used for the knowledge transfer of the Housing First approach across Canada.

# Methods

- Rapid literature review and incorporation of At Home/Chez Soi research reports
- Consultation session with At Home/Chez Soi Senior Leadership Team
- Consultation sessions with each of the At Home/Chez Soi Site Operations
   Teams
- Consultation session with At Home/Chez Soi Consumer Group
- Consultation with potential toolkit users
- Case studies of other Canadian Housing First programs (e.g.Calgary, Hamilton)
- Incorporation of material from other Housing First toolkits (SAMHSA, 2010; Tsemberis, 2010)

### **Toolkit Modules**

- Introduction: Who Should Use This Toolkit and How It Should Be Used
- Module #1: The Housing First Model: Principles, Programs, and Research
- Module #2: Getting Started
   Conception of a Housing
   First Program
- Module #3: Planning –
   Creation of a Housing First

   Program

- Module #4: Building and Stabilizing – Early (first year) and Later Implementation of a Housing First Program
- Module #5: Keeping It Going: Sustaining the Housing First Program
- Module #6: How to Evaluate a Housing First Program

# Conclusions

- There is a need for knowledge translation of research on evidence-based practices like Housing First
- The toolkit is being designed in an accessible, userfriendly, interactive format
- It will be used in a new project designed to transfer knowledge about and promote the uptake of Housing First across Canada
- The toolkit will be available on the homeless hub and the Mental Health Commission

