















LIFELONG LEARNING



Library Usage in Southwestern Alberta

CHINOOK ARCH REGIONAL LIBRARY SYSTEM

- Active cardholders in the Library System: 40,429
- Number of items in the Library System's collection: 898,671
- Libraries in the Chinook Arch Regional Library System: 40

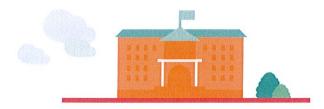






UNIVERSITY OF LETHBRIDGE LIBRARY

- Circulation for 2016-17: 59,994
- Reference transactions: 9,366



Family Centre Society of Southern Alberta

The Family Centre in Lethbridge works with families to build and enhance parenting skills, and promote healthy child development

- 5,101 individuals were served in 2015-16
- 2,566 youth and 2,397 parents/caregivers



Family Centre Early Childhood Education Programs 2015-16:

- 2,940 participants ages 0 to 5
- 590 participants ages 6 to 17
- · 2,278 parents/caregivers participated



HOW THE COMMUNITY FOUNDATION HELPS

Grant Given To

Chinook Arch Regional Library System

Used For

increasing collections to strengthen communitybased programming in 32 rural libraries

High School Completion

- 82.1% of students completed high school in Alberta in the 2015-16 school year (Up from 76.5% in 2014-15)
- The high school completion rate in Southwestern Alberta is 79.2%, slightly below the provincial average

Completion rate by school district 2015-16:

- Horizon School District No. 67: 81.2%
- Livingstone Range School District No. 68: 72.7%
- Lethbridge School District No. 51: 69.9%
- Palliser School District No. 26: 87.5%
- Westwind School District No. 74: 80.9%
- Holy Spirit Roman Catholic Separate Regional Division No. 4: 83.1%







Post-Secondary Education

UNIVERSITY OF LETHBRIDGE

The University of Lethbridge is celebrating its 50th anniversary this year.

- 825 students enrolled in 1967
- 8.468 students enrolled in 2016

The student population of the University of Lethbridge in 2016:

- 1,488 international students
- 4,890 female students
- 424 Indigenous students
- 4 refugee students



LETHBRIDGE COLLEGE

Lethbridge College is celebrating its 60th anniversary this year

- 35 students enrolled in 1957
- 6.535 students enrolled in 2016

The student population of Lethbridge College in 2016:

- 182 international students
- 3,226 female students
- 473 Indigenous students
- 2 refugee students



DID YOU KNOW?



The Community Foundation gave out over \$42,000 in scholarships to 32 high school and post-secondary recipients in 2016.













CULTURAL LIFE



92% of Canadians believe that arts experiences are a valuable way to bring together people from different languages and cultural

Performing Arts

Theatre groups in Southwestern Alberta staged over 200 performances in 2016, attracting almost 20,000 people. These

- Fort Macleod's Empress Theatre Society
- Cardston's Carriage House Theatre
- New West Theatre of Lethbridge
- Claresholm Society for the Arts
- Taber Players



DID YOU KNOW?



LETHBRIDGE SYMPHONY

The Lethbridge Symphony's 2016-17 season was their 56th since they were founded in 1960. Symphony Series performances included film soundtracks, show tunes, and symphonic pieces both old and new

- 31 performances in the 2016-17 season
- 6 school performances
- Attendance in 2016-17: 11,216



UNIVERSITY OF LETHBRIDGE FACULTY OF FINE ARTS

The U of L's Faculty of Fine Arts conferred 111 undergraduate degrees in 9 programs in 2016-17. The two theatres that serve the department are the 450-seat University Theatre, and the David Spinks Theatre, a black box theatre that can be reconfigured to suit each performance

- 1,314 undergraduate students in 2016-17
- Number of performances: 157 mainstage, since 1977; 58 TheatreXtra. since 2002

ALLIED ARTS



Allied Arts groups in Lethbridge, Pincher Creek, and the Crowsnest Pass work to foster creativity and promote the arts in many forms throughout Southwestern Alberta

1958: Allied Arts Council of Lethbridge is established to encourage promote, and coordinate the arts in the area. 213 artists, art groups, and non-artist supporting members held memberships and 750 students attended art workshops in 2016. 1985: Pincher Creek Allied Arts Council takes possession of the Lebel Mansion, turning it into a space for the cultivation of creativity. 64 artists and art groups held memberships, and 194 people participated in arts classes in 2016

1986. Crowsnest Pass Allied Arts Association is founded to empower local art and enhance community connections to art resources. They operate the Crowsnest Pass Public Art Gallery, which received over 7,000 visitors in 2016

Culture and Heritage



INDIGENOUS CULTURE

The Blackfoot Canadian Cultural Society's mission is to be a source of identity, pride, and inspiration for Indigenous people and all others, as well as to be a source for accurate information on the Blackfoot people. Activities include an annual International Peace Pow Wow, the Blackfoot Arts and Heritage Festival, and National Aboriginal Awareness Week

DID YOU KNOW?



Held in Waterton Lakes National Park in August, the Blackfoot Arts and Heritage Festival features a tepee raising, art displays, and a

Approximately 1,000 people attended the festival in 2016

National Aboriginal Awareness Week 2017: June 19-24

Events across Southwestern Alberta included activities at the Galt Museum and Fort Whoop-Up, a Blackfoot Drums and Dance performance at Waterton Lakes National Park, and the "Moon of the Longest Day" celebration at Head-Smashed-In Buffalo Jump.

NIKKA YUKO JAPANESE GARDEN

Nikka Yuko was built 50 years ago in recognition of the contributions made by citizens of Japanese ancestry to the multicultural community of Lethbridge, and as a symbol of international friendship.

- 31,487 visitors in 2016
- 10,412 people visited the Winter Lights Festival in 2016



HOW THE COMMUNITY FOUNDATION HELPS

Grants Given To

Growsnest Historical Society, Devil's Coulee. Cooperating Society, and Gem of the West Museum

Used For

New exhibits and museum renovations

COMMUNITY CONNECTIONS



Population Change in Southwestern Alberta

As our populations grow, our communities become more diverse and dynamic, and so do our needs

2011 2016 CHANGE AVG. AGE 83,517 92,729 11% 39.5 CITY OF LETHBRIDGE 10,093 9,978 -1.1% 42.4 COUNTY OF WARNER 15,066 15,003 -0.4% 46.1 MD OF WILLOW CREEK 23,285 25,523 9.6% 35.1 LETHBRIDGE COUNTY 17,663 18,494 4.7% 31.2 MD OF TABER 7,333 7,062 -3.7% 44.8 MD OF PINCHER CREEK 6,939 6,924 -0.2% 45.6 VULCAN COUNTY 10,419 10,951 5.1% 39.8 CARDSTON COUNTY AND WATERTON 1,217 1,544 26.9 33.2 PIIKANI NATION 4,679 4,570 -2.3 32.6 BLOOD RESERVE	45.00					
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CMARD



FOSTERING INCLUSIVE COMMUNITIES

The Coalition of Canadian Municipalities Against Racism and Discrimination (CMARD) was formed by the United Nations Educational, Scientific and Cultural Organization (UNESCO) to foster welcoming and inclusive communities. Lethbridge and Fort Macleod have both signed the CMARD Charter

CMARD Lethbridge organizes many annual community events including Black History Month, the International Day for the Elimination of Racism and Discrimination, an Elders Panel, and a Multicultural Night.



 Over 5,700 people attended CMARD Lethbridge events in 2015 and 2016



DID YOU KNOW?

14 Alberta municipalities are signatories of CMARD, the secondmost of any province in Canada. Lethbridge's CMARD group, the most active chapter in the country, celebrated its 10th anniversary in 2017

HOW THE COMMUNITY FOUNDATION HELPS



Canada 150 Grants Given To

11 Projects, for a total of \$70,000.

Bert Riggall Environmental Foundation

For: Heritage tourism experience

Village of Champion

For: Canada Day celebrations

City of Lethbridge

For: Whoop-Up Days "Pavilion Project"

Fort Macleod Historical Association

For: Canada Day celebrations

Town of Nanton

For: Canadian heritage community event

University of Lethbridge

For: Casa exhibit about Blackfoot childrearing practices and resiliency

Vulcan and District Historical Society

For: Digital story about Vulcan's cultural groups

Lethbridge & District Japanese Garden Society

For: "Experience the Friendship Canada 150" event

Town of Coalhurst

For: Inaugural Neighbour Day

Lethbridge College

For: "Founder's Square" display of Blackfoot art and artifacts

Friends Society of the Sir Alexander Galt Museum & Archives

For: Event honouring Galt family contributions to Confederation

ENVIRONMENT



Water

SOUTH SASKATCHEWAN RIVER BASIN

The water in the Oldman River starts off in the Rocky Mountains, the land area of the South Saskatchewan River Basin.

The South Saskatchewan River Basin, comprised of an area of watersheds totaling 121,095 km², is one of two major river basins in Southwestern Alberta, the other being the Milk River Basin.

- Median annual discharge of the river basin is 8,842,000 cubic decametres
- All of Alberta's 13 irrigation districts are found within this river basin (all but four are in Southwestern Alberta)

The Oldman River

The 1969 Master Agreement on Apportionment dictates that 50% of all water that originates in Alberta must make it to the province of Saskatchewan. On average, Alberta passes on 81%.



Water allocations on the Oldman River Sub-Basin:

Irrigation water comes mostly from snow in the mountains that melts in the spring. This water travels into streams, and then into rivers. Some river water is diverted into a reservoir, which in this case is the Oldman Reservoir.

- 83% of the sub-basin's water is used for irrigation
- 13% is used for other purposes (recreation and gardening)
- 2% is used for livestock
- 1% is used commercially
- 1% is used by municipalities for drinking water

Oldman Reservoir

- Built in 1991 in response to drought, and can store up to 490,000 cubic decametres
- Surrounding recreational areas offer camping, fishing, and water sports



DID YOU KNOW?

A river basin is an area of land that catches precipitation and drains it to bodies of water, like rivers, lakes, or streams.

Nature Conservancy of Canada

The Nature Conservancy of Canada (NCC) is the country's largest national land conservation organization. Since 1962, they have helped to protect more than 1.1 million hectares across the country. The NCC is helping to preserve the biodiversity of Southwestern Alberta by restoring the grassland ecosystems that support many of our living resources.



- More than 114,000 hectares of land and water in Alberta have been put under the protection of the NCC
- In Southwestern Alberta, the NCC protects the King, Oxley, Waldron, and Welsch ranches, four areas of ranchland that cover over 15,000 hectares
- 45% of Alberta's drinking water comes from headwaters in protected areas



Conservation efforts focus on protecting the last pieces of intact fescue grasslands in the province.

- Less than 5% of fescue grasslands remain in an undeveloped state nationwide
- Grassland preservation ensures that ranchers can sustainably raise Alberta beef



HOW THE COMMUNITY FOUNDATION HELPS

Rural Life Fund Grant Given To

Southern Alberta Sustainable Community Initiative

Used For

Completion of the report "Recovery Strategies for Industrial Disturbance on Native Grasslands in the Foothills Fescue, Foothills Parkland and Montane Natural Subregion"

HEALTHY COMMUNITIES



Access to Sport and Exercise

CITY OF LETHBRIDGE FEE ASSISTANCE PROGRAMS

Launched in November 2015, the City of Lethbridge's Fee.
Assistance Program enables residents who face financial barriers to participate in recreational and cultural opportunities. In 2016, the program's first full year:

- 1,062 registrations approved
- Helped provide access to 74 different recreation, sport, and culture services
- One-third of funds dispersed went to family swim passes



KIDSPORT AND JUMPSTART

Kidsport and Jumpstart are national programs that help youth afford the costs involved in playing sports.

In 2016: Kidsport provided \$262,565 to 723 youth in Southwestern Alberta, through six regional chapters. Jumpstart provided \$189,806 to 1,481 youth in and around Lethbridge, through three regional chapters.

YMCA LETHBRIDGE



- Served 3,500 members with health, fitness, and aquatics programs, including 160 seniors and 500 youth
- In 2016, the Strong Kids Campaign raised \$101,331. 21% of YMCA members access services with this program

Mental Health in Youth

When people feel connected to each other, they are more likely to experience signs of positive mental health

- As many as 20% of Canadian youth are affected by a mental illness or disorder, but only 1 in 5 children who need mental health services receives them
- Approximately 5% of male and 12% of female youth, ages 12 to 19, have experienced a major depressive episode
- 3.2 million: the number of youth, ages 12 to 19, at risk for developing depression

CANADIAN MENTAL HEALTH ASSOCIATION (CMHA) ALBERTA

The CMHA Alberta Adult/Youth Crisis Team provides crisis counseling to identify problems, alleviate immediate risks, and agree on a plan of action.

- 1,333 interventions in 2016-17
- 31% of these interventions occurred with youth

Deaths by suicide in Southwestern Alberta:

- 2014: 110 (6 were ages 10-19)
- 2015: 146 (9 were ages 10-19)
- 2016: 103 (6 were ages 10-19)



Public Health

OPIOID CRISIS

- · Alberta, 2011: 6 Fentanyl-related overdose deaths
- Alberta, 2016: 368 Fentanyl-related overdose deaths

In 2016, there were 17 Fentanyl-related deaths in Alberta Health Services' South Zone.

- 9 of those deaths were in Lethbridge
- In the first half of 2017, the number of Fentanyl-related deaths in Lethbridge had reached 8









DID YOU KNOW?

Naloxone is a medication that temporarily reverses the effects of an opioid overdose. It has become an essential public health tool.

- 53 and counting: number of pharmacies and walk-in clinics in Southwestern Alberta that dispense Naloxone kits
- In Lethbridge in 2016, first responders administered Naloxone on 83 occasions, 39 of which were to recurring patients

VACCINATION

Herd immunity: indirect protection from sickness and disease brought about by high rates of vaccination. The more people who are immunized, the less opportunity there is for disease to spread. For effective herd immunity, 85% of a population needs to be immunized.

2015 IMMUNIZATION RATES

MMR: Measles, Mumps & Rubella vaccine

5-in-1: Diphtheria Tetanus Pertussis, Polio, and Haemophilus Influenza Type b vaccine

- Crowsnest Pass: MMR: 86.8%; 5-in-1: 75%
- Pincher Creek: MMR: 91.7%; 5-in-1: 90.7%
- Fort Macleod: MMR: 60.6%; 5-in-1: 46.5%
- Cardston-Kainai: MMR: 80.1%; 5-in-1: 56.5%
- County of Lethbridge: MMR: 60%; 5-in-1: 47.1%
- MD of Taber: MMR: 68.7%; 5-in-1: 58.4%
- County of Warner: MMR: 81.4%; 5-in-1: 63.2%
- City of Lethbridge: MMR: 88.7%; 5-in-1: 70.7%
- Vulcan: MMR: 82%; 5-in-1: 74.3%
- Claresholm: MMR: 88.7%; 5-in-1: 77.6%





HOW THE COMMUNITY FOUNDATION HELPS

Youth in Action Grants Given To

Canyon School and Pincher Creek Metis Local Council Chinook 1880

Used For

Programs that encourage physical activity and teach new sports to youth



LIVING STANDARDS



Rural Homelessness

Availability of affordable and suitable housing, permanency of living conditions, and accessibility of social services are harder to address with the limited resources of smaller communities.

Homelessness in Claresholm, Coaldale, and Pincher Creek:

- 16% to 24% of households live in unaffordable housing
- Between 5% and 8% of occupied dwellings in Coaldale and Pincher Creek require major repairs
- Many individuals requiring specific social services are referred to the existing programs in Lethbridge





A community is considered rural if it has a population of less than 10,000.



HOMELESSNESS IN FORT MACLEOD

A 2015 survey found that Fort Macleod has few appropriate rental options for families, 47 residents identified themselves as homeless or at-risk

- 87.6% identified as victims of intimate partner violence
- 66% were suffering from mental or physical health issues
- 29.8% of those surveyed had children
- Most respondents indicated being insecurely housed

Since 2013, Fort Macleod Family and Community Support Services (FCSS) has employed a Housing Liaison Worker to support the ongoing challenges of Fort Macleod's at-risk population

 179 people, including children, have been housed through the program





HOW THE COMMUNITY FOUNDATION HELPS

Grant Given To

Interfaith Food Bank

Used For

Building renovations that increase the capacity and efficiency of their service

Homelessness in Lethbridge

The City of Lethbridge's Social Housing in Action (SHIA) initiative offers a variety of social services intended to reduce homelessness and housing insecurity. Having helped over 700 people since 2009, SHIA uses a Housing First approach the principle that shelter is a basic human right. Participants are moved directly from the street or shelter into their own home. All program participants are assessed, and depending on level of need, are referred to one of the many public or private agencies.

CENTRALIZED INTAKE PROGRAMS IN LETHBRIDGE RECEIVED 895 INDIVIDUALS IN THE 2015-16 PROGRAM YEAR

- HomeBase, operated by the Canadian Mental Health Association, took in 678 individuals of all ages
- McMan's YouthHUB, which offers intake for youth 24 and younger, received 217 participants
- A majority of participants report that their day-to-day living is impacted by mental or physical health conditions or substance abuse

152 new participants were housed in the 2015-16 program year:

- 18.4% were recently released from correctional facilities
- 11.2% suffer from Fetal Alcohol Spectrum Disorder
- 80% of all participants suffer from a mental health condition

The 2015-16 program year saw 83% of participants remain housed.

Access to Food



FOOD BANKS

In Canada, the largest increase in food bank use in 2016 was in Alberta.

- 78,293 Albertans accessed food banks in March 2016 (A 17.6% increase in users from 2015)
- 39.4% of food bank users in Canada are under the age of 18
- 49.4% are women
- 63.7% of all food bank users in Alberta are renters
- 16.9% of users are social housing tenants
- 16 food banks in Southwestern Alberta served 6,077 users (A 20% increase from 2015)

THE INTERFAITH CHINOOK COUNTRY KITCHEN

The Interfaith Chinook Country Kitchen offers instruction to those with limited income on how to cook healthy meals. Offered in partnership between the Interfaith Food Bank and the Lethbridge Family Centre, free cooking classes are available for adults, youth, and support agencies.

- 3,260 total participants in 2016
- 493 cooking classes offered
- 163 volunteers assisted



WHAT IS VITAL SIGNS?

Vital Signs® is a community check-up conducted by community foundations across Canada that measures the vitality of our communities and identifies significant trends in a range of areas critical to quality of life. Vital Signs is coordinated nationally by Community Foundations of Canada, with special thanks to the Toronto Foundation for developing and sharing the Vital Signs concept.

For more information visit: www.vitalsignscanada.ca or www.cflsa.ca/knowledge

The Community Foundation extends its appreciation to all of the organizations and individuals who contributed information to this year's report:

- Alberta Health
- Alberta Health Services
- Alberta Irrigation Projects Association
- Allied Arts Council of Pincher Creek
- Allied Arts Society of Lethbridge
- Blackfoot Canadian Cultural Society
- Calgary Herald
- Canadian Institute for Health Information
- Canadian Mental Health Association
- Canadian Tire Jumpstart
- Cardston Carriage House Theatre
- Chinook Arch Regional Library System
- City of Lethbridge
- Claresholm Art Society
- Crowsnest Pass Allied Arts Association

- Empress Theatre Society
- Environment Lethbridge
- Family Centre Lethbridge
- FCSS Fort Macleod
- Food Banks Canada HungerCount 2016
- Fort Macleod Affordable Housing Committee
- Government of Alberta
- Holy Spirit Roman Catholic Separate Regional Division No. 4
- Horizon School District No. 67
- Interfaith Food Bank
- Kidsport Alberta
- Lethbridge College
- Lethbridge School District No. 51

- Lethbridge Symphony
- Livingstone Range School District No. 68
- Nature Conservancy of Canada
- Nikka Yuko Japanese Garden
- Oldman Watershed Council
- Palliser School District No. 26
- Parks Canada
- Social Housing in Action
- Statistics Canada
- UNESCO
- University of Lethbridge
- University of Lethbridge Fact Book, 2017
- University of Lethbridge Faculty of Fine Arts
- Westwind School District No. 74
- YMCA Lethbridge





Vital Signs® is an initiative of the Community Foundations of Canada.

ABOUT US

VISION

Communities flourish through generosity.

MISSION

The Community Foundation of Lethbridge and Southwestern Alberta provides an effective, flexible method for caring and generous individuals of all means to connect to worthy causes in Southwestern Alberta.

BOARD OF DIRECTORS

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Treasurer

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WHAT IS VITAL SIGNS?

Vital Signs is an annual community check-up in six key areas and is an important part of our work. It allows us to present important topics in southwestern Alberta and to support the charities working in those areas.













COMMUNITY

BUILDING VITAL COMMUNITIES

A vital community is one where everyone has opportunities to feel they belong. When we feel we belong, we're more likely to take on responsibility, participate in problem-solving, and build strong social networks. This is why Sense of Belonging was chosen as this year's national theme for Vital Signs.

Together we can build a community where we all have a stake, where we all have a voice, and where we all belong.



REFUGEES

Refugee: A person who has been forced to leave their country in order to escape war, persecution, or natural disaster.

SYRIAN REFUGEES WHO HAVE SETTLED IN LETHBRIDGE FROM APRIL 1, 2015 TO MARCH 31, 2016:

- Male 104
- Female 88
- Adults: 80 Ohilaren 112



65 million people displaced in This is a 10% increase from 2014

LOCAL

822 Clients served by Lethbridge Family Services in 2015/16

703 of these were refugees Top 3 Countries of Origin:

3 NEPAL (114)

1 BHUTAN (267) 2 SYRIA (183)





24 People displaced per minute in 2015

WOMEN AND THE VOTE

2016 celebrates 100 years of women's right to vote in Alberta. Voting is one of the most fundamental aspects of civic engagement.







DID YOU KNOW?

Alberta was the 3rd province to gain suffrage, after Manitoba and Saskatchewan

In Alberta, women generally vote 3 to 4% more than men

Voter Participation in Southwestern Alberta **Electoral Divisions**

2015 Provincial General Election



FEMALE (52 13%) ... MALE (4712%)

*NOT STATED (0.75%)



HOW THE COMMUNITY FOUNDATION HELPS

GRANT GIVEN TO

Lethbridge Family Services - Immigrant Services

USED FOR

Housing, bikes, and shoes for Syrian refugee families

Receiving a bike has made me feel welcome and has made getting around the city more convenient. Instead of having to wait for a bus I can now just cycle to the places I need to go and get things done a lot faster. I have been able to use the bike to explore beautiful places around Lethbridge that I would not normally have access to. The bike gives me freedom!

-Muhammed Masini, Syrian refugee



FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS)

What is FCSS? It was established to develop, support, and fund preventive social services.

SOUTHWESTERN ALBERTA FCSS PROGRAMS:

Barons-Eureka-Warner
 Fort Madleod

 Caraston Cowley

Crowsnest Pass

- Granum
- Magrath • Pincher Creek (M.D.)
 - Pinisher Greek Tolvel
- Lethoridae
- 80/20: FCSS is funded through a partnership between the Government of Alberta (80%) and local municipalities/Métis settlements (20%)
- 99% of Alberta's population is reached by FCSS. Less than 3,750 Albertans reside in a mmunity that does not have access to these services







(le police, justice, additional treatments)









LIVING STANDARDS

HOUSING AND HOMELESSNESS

Streets Alive Mission

Streets Alive Mission runs 13 supportive programs for marginalized populations and low income or homeless individuals.

TWO OF THESE PROGRAMS ARE:







A bus that provides sandwiches, coffee, and other food.

22,905 Sandwiches distributed (January 1 - July 31, 2016)

50,000 sandwiches were handed out in 2015

2 P.I.N. (Persons in Need) Bank

Gently used clothing and small household items are provided free of cost to people in need.

31 Average number of people served daily

9,296 Items given in 2015



Social Housing in Action (SHIA)

An initiative of the City of Lethbridge that works with many community organizations and partners to "Bring Lethbridge Home." In 2015–16 their coordinated efforts housed 152 individuals.

Individuals who were housed in 2015-16 reported that their day-to-day life was impacted by one or more significant issue or condition.

- 11.2% reported living with Fetal Alcohol Spectrum Disorder (FASD).
- 18.4% reported being released from a correctional facility
- 8.6% reported being released from a mental health facility
- 9.2% reported being released from a health facility
- 11.2% reported being released from a residential treatment facility

FOOD BANKS

Food bank usage was up marginally across Canada in 2015, but the picture in Alberta was a stark contrast, with an increase of more than 23% over 2014. According to national HungerCount statistics, Alberta experienced the highest jump nationally with a record 67,443 people accessing a food bank during the month of March. The national increase in food bank use was just 1.3%.



DID YOU KNOW?

In 2015, 16 lood banks in southwestern Alberta served



People Jup 14% from 2014;





10% Of those were Youth

2015 Regional Food Bank Statistics

A snapshot of some of the food banks within our region:

LOCATION	HAMPERS	TO ADULTS	TO CHILDREN
Claresholm	1,000	800	200
Coaldale	506	Not Available	555
Lethbridge	7,046	10,078	6,513
Interfaith	7,531	10,590	7,635
Nanton	374	122	59
Pincher Creek	Not Available	1,791	1,639
Taber	2,075	3,768	2,291
Vauxhall	37	71	82
Vulcan	268	489	273

YWCA: Hidden Treasures

Hidden Treasures is a YWCA program that provides gently used clothing and household items for women once they are ready to leave the shelter. (The number of women helped is limited to the number of donations that the program receives.)

688 Women helped (April 2014 to March 2015)









Project Connect

Project Connect is a biannual event hosted by the City of Lethbridge and Social Housing in Action to help end homelessness by providing free services and supports to those in need. Services available range from hair-cuts to health care and counselling to housing support.

NUMBER OF REGISTERED GUESTS PER SEASON FOLLOWING THE 2009 LAUNCH OF PROJECT CONNECT:



pring 2009	136
Fall 2009	208
pring 2010	275
Fall 2010	288
Spring 2011	220
Fall 2011	254

Spring 2012	217
Fall 2012	281
Fall 2013	254
Fall 2014	357
Spring 2015	244
Fall 2015	390
Spring 2016	341



DID YOU KNOW?

Project Connect collectively has 200 volunteers, agencies, and sponsors each year

Ready, Set, Go Fair

A program that helps kids in need get ready for school. Community agencies and service providers offer everything from haircuts and family photos to running shoes and backpacks stocked with school supplies.

LETHBRIDGE: Invitation Only



400 Total invites issued in 2013



750 Total invites issued in 2014



1,160 Total invites issued in 2015



1,150 Total invites issued in 2016

FORT MACLEOD: No invitation Necessary

Children and families participating from 2013 - 2016

- 450 in 2013
- **600** in 2015
- 500 in 2014 600 in 2016



HOW THE COMMUNITY FOUNDATION HELPS



GRANT GIVEN TO Lethbridge Food Bank

USED FOR

Major Renovation Project

The much needed renovations at the food bank allows for multiple service counters, which makes coming in better because it is more discreet and now there is privacy.

-Lethbridge Food Bank client



WOMEN'S EMERGENCY SHELTERS

Alberta has the highest rates of interpersonal violence of any province in Canada. In the last five years, nearly **75,000** Albertans have reported violence by a spouse or partner.

1 Harbour House (Lethbridge)

ADMISSIONS:

- 596 women and children from 2015 2016.
- 4,475 women and children from 2009 2016



NOT ENOUGH BEDS:

- 1,949 women and children were turned away in 2015
- 1,218 women and children were turned away in 2014





Pincher Creek Women's Emergency Shelter

ADMISSIONS:

• 103 women and 82 children from 2014 - 2015







DID YOU KNOW?

Lack of shelter space is a serious issue. On one day last year 234 Canadian women's shelters had to turn away 305 women and children, nearly three-quarters of those seeking shelter that day

(3) Kainai Women's Wellness Lodge

ADMISSIONS:

- 184 women and 224 children in 2015
- The number for children is up from 90 in 2014







DID YOU KNOW?

The 2016 federal budget promised \$89.9 million over two years to create or renovate 3,000

4 Safe Haven Women's Shelter (Taber)

- 139 women and 84 children in 2013
- 180 women and 127 children in 2014
- 204 women and 131 children in 2015





- 107 women and 25 children were turned away in 2013
- 107 women and 52 children were turned away in 2014
- 97 women and 94 children were turned away in 2015.



RURAL TRANSPORTATION

Pincher Creek Care Bears Society

The Pincher Creek Care Bears Society is a non-profit group that is funded by the Town and MD of Pincher Creek and by public donations. The Society provides transportation for passengers to Calgary and Lethbridge for medical appointments.



27

Years in operation











Claresholm and District Transportation Society

The Claresholm and District Transportation Society provides affordable and accessible transportation for seniors and those with disabilities. In January 2015, it expanded service to include Vulcan, making **100** trips in the first **12** months and averaging **10** trips a month in 2016.

8 Paid drivers and their vehicles help transport those in need



















DID YOU KNOW?

The Pincher Creek Care Bears Society has funded the transportation of



HOW THE COMMUNITY FOUNDATION HELPS



GRANT GIVEN TO

Claresholm and District Transportation Society

USED FOR

Van for service expansion into Vulcan area

Being a single senior and not having any family nearby, the service and kindness the society provides is outstanding. Anyone who is lying in a hospital bed and contemplating how they are going to get to a medical appointment is experiencing a frightening/daunting task! You are not only physically injured, you are emotionally fragile. Having used the services of the Transportation Society some eight times. I have always been the recipient of prompt and courteous service

-Claresholm and District Transportation Society passenger



ENVIRONMENT

BEES

What's all the buzz about? Bees provide an essential ecosystem service by pollinating crops, gardens, and wildflowers.

Two bee species are used to pollinate hybrid canola seed production fields in





2 ALFALFA LEAF CUTTING BEE





(109 of which occur in southwestern Alberta)







Every year, roughly 70,000 honey bee colonies are transported within and into our region, making it the largest pollination market in Canada



DID YOU KNOW?

Within Alberta, there are nearly 300,000 honey bee colonies – over 40% of the colonies in Canada

1 OUT OF 3



food that we eat is made possible by pollinators like honey bees









80,000

Kilometers a hive of honey bees travel for one pound of honey

12.000

Beats per minute of each of the honey bee's four wings



Buzzing Gardens

A partnership formed to support honey bee health by making sure that hives all over Canada are within flying distance to a wide variety of flowers. The program provides you with everything you need to plant your own pollinator garden.











35,000 Seed packets distributed in the first year of the program

(Enough to plant 175,000 square feet of pollinator-friendly gardens)

SIGN UP FOR YOUR PACKET AT BEESMATTER.CA

EMISSIONS





An operating vehicle emits a range of gases from its tallpipe into the atmosphere, including carbon dioxide (CO^2) , the principal greenhouse gas that contributes to climate change.

ONE SMALL CHANGE CAN MAKE A BIG DIFFERENCE

If Canadian motorists avoided idling for just three minutes every day of the year, CO^2 emissions could be reduced by 1.4 million tonnes annually. This would be equal to saving 630 million litres of fuel and equivalent to taking 320,000 cars off of the road. for the entire year

TRANSPORT CO2 EMISSIONS PER 1,000 KM:

- Large Car/Truck = 85.8 kg (with 3 people)
- Small Car = 42.5 kg (with 3 people)
- Hybrid Car (eg Toyota Prius) = 25 kg (with 3 people)
- Bus = 30 kg
- Bike = 0 kg
- Walking = 0 kg







DID YOU KNOW?

There are over 83km of bikable trails in the Crowsnest Pass Hop on your bike and enjoy the ride!

LIFELONG LEARNING

HIGH SCHOOL COMPLETION

Alberta consistently ranks among the lowest high school completion rates







2014/2015 HIGH SCHOOL COMPLETION RATE IN ALBERTA

76.5%







Students Participating Actively in Realizing Connections (SPARC)

This initiative gives students ages 17 to 20 in the six southwestern Alberta school divisions opportunities to explore future career pathways. It is run in partnership with the Chinook Regional Foundation for Career Transitions and 5th on 5th Youth Services.















THE PROGRAM LAUNCHED IN EARLY 2016:

- educational, experiential, and employment opportunities
- Hopes to neip a minimum of 200 auditional students over the next two years.



HOW THE COMMUNITY FOUNDATION HELPS



GRANT GIVEN TO

Chinook Regional Foundation for Career Transitions and 5th on 5th Youth Services

USED FOR

Students Participating Actively in Realizing Connections (SPARC) Program

I have really enjoyed all of the help from all of the staff. This program has helped me with my confidence and to know what I want to do for a career.

-Jason D., SPARC Student

Project SPARC is offering our youth a sense of hope that they too will enjoy the many benefits that come from purposefully building a career and a life.

-Judy Stolk-Ingram, Executive Director,



WATER

No matter where you are in the world, water is one of our most precious resources. In southwestern Alberta, nearly all water comes from the Oldman Watershed. By taking measures to maintain the health of our watershed, everyone in our region benefits.

Wheels out of Water

Motorized recreation is a popular pastime for many outdoor enthusiasts. However, by not travelling with the environment in mind, motorized vehicles can cause significant lasting damage to the landscape, including

Water contamination

- Loss of Vegetation
- Soil compaction, contamination, and erosion
- Transfer of weeds Start of a wildfire
 - Wildlife disruption

2015 STUDY: ALBERTAN'S VALUES AND ATTITUDES TOWARD RECREATION AND WILDERNESS

76% recreation last year







Preferred non-motorized outdoor recreation over motorized







Felt it was important that more land be set aside and left as wilderness where human activities are minimal

(6.4% did not feel it was important)

Engaging Recreationists 🦣 🦣 🤚

A project led by Oldman Watershed Council designed to reduce threats to our headwaters through engaging and educating Off-Highway Vehicle (OHV) users and campers.







HOW THE COMMUNITY FOUNDATION HELPS

GRANT GIVEN TO

Oldman Watershed Council (OWC)

USED FOR

Watershed Educational Videos

The great achievement of the film project is people finding common ground in a shared need and value: clean, clear, plentiful drinking water for generations to come.

-Shannon Frank, Executive Director, OWC



Prairie Urban Gardens

Water usage within Lethbridge increases by up to 50% in the summer due to lawn-watering. Sprinklers use 1,000 litres of water per hour!



DID YOU KNOW?

Xeriscaping is a landscaping method that utilizes native and drought-tolerant plants, combined with water-conserving techniques, mulch, and efficient irrigation.

A xeriscape demonstration garden was planted in Fort Madleod's Centennial Park in 2015







WHAT'S THE BENEFIT?

Prairie Urban Gardens use less water and little to no pesticides and fertilizers. This protects water quality

8,200 Amount of water (in litres) houses with xeriscaping save annually

INCLUSIVE COMMUNITIES

Often people with disabilities are less connected through naturally d relationships than they are with people who are paid to be in their life, such as staff and support agencies.



DID YOU KNOW?

Natural supports are the support and assistance that naturally flows from relationships developed in ordinary environments, such as family, school, work, and community. These supports enhance the quality and security of life for people with disabilities and lessen the reliance on formally funded services

1 Lethbridge Association for Community Living (LACL)



220 Individuals/Families served annually



Beyond Graduation Program (Began 2009): Over 250 families helped Helps families envision what a good life could look like for their loved one with a developmental disability after high school. Families come away with tools and a ok clearly defining six steps to planning the future of their family me

Family Managed Resource Centre (Began 2013): Approximately 50 to 60 families helped FMRC connects families to the formal and informal supports needed for their loved one. It allows families to advertise through a database for home and community support assistance, enhancing compatibility of these supports

McMan Youth, Family and Community Services Association

OVER 1,000 Individuals served annually



Youth HUB (Began 2014) 484 successful intakes since January 2015 Assists youth ages 13 to 24 in accessing the resources needed to secure housing

Transition to Independence Program (Began 2014). Supplies housing for 40 youth at a time In sollstoristion with Child and Family Rendes, TIPs usoprayout ages 16 to 18-in reastloring to independent living. Support is provided for a minimum of one year with the goal of the youth gaining the skills and community connections to maintain their tenancy independently. 3 Southern Alberta Individualized Planning Association (SAIPA)

1,300 Individuals served annually



Workshops (Began 2001). Accessed 672 times Jan 1 - July 31, 2016 Norkshops focus on development of independence, as well as life and self determination skills. These workshops are offered throughout the year and include Healthy Relationships, Self-Esteem, Risk Taking, Rights, and more

South Region Self-Advocacy Network (Began 2001). Accessed 542 times from Jan 1 - July 31, 2016. Provings support to a group of self-advocates who work for community change, equal opportunities, and inclusion to benefit those that are marginalized, stigmatized, or excluded. Some of these efforts include: initiatives around inclusive university programming, community based dance groups for all abilities, social change through art, and political advocacy

HOW THE COMMUNITY FOUNDATION HELPS



GRANT GIVEN TO

Lethbridge Association for Community Living (LACL)

USED FOR

Family Managed Resource Centre

The resources in the centre helped us customize our supports for our son and helped us to plan a good life for him. They also help us support our plan and to capitalize on opportunities, both planned and spontaneous

-Parent of a young man with a developmental disability



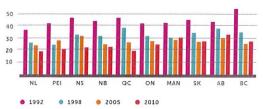
HEALTHY COMMUNITIES

PHYSICAL HEALTH

Sport and Belonging in Canada

Definition of sport: all forms of physical activity that contribute to physical fitness, mental well-being, and social interaction, such as play, recreation, organized or competitive sport, and indigenous sport and games.

Percentage of Adults Regularly Participating in Sport by Province



More than half of all Canadians are involved in community-level sport as spectators, participants, volunteers, coaches, or officials.

- In 2010, 7.2 million or 26% of people age 15+ participated regularly in sport down 17% from 1992. That's 7/10 Canadians ages 15+ who do NOT participate in sport.
- 3 out of 4 children and youth ages 5 to 17 are active in sport, but participation rates peak at ages $10\ \mathrm{to}\ 13$ and then decline steadily and dramatically with age
- In 2010, approximately 1 in 3 men and 1 in 6 women regularly participated in sport While the gender gap narrowed between 1996 - 2005 it grew again to 19% in 2010.

Lethbridge Sport Council (LSC)

Supports the enhancement and development of sport within Lethbridge.

IN 2015 LSC WORKED WITH:

- 65 Local sport and recreation organizations
 50 Community organizations
- 16 Local event organizing committees
- 28 Local businesses



DID YOU KNOW?

85% of Canadians agree that sport participation builds stronger communities. Communities with less than 1,000 residents have higher participation rates in sport.

Participation in Sport in Southern Alberta

The Southern Alberta Summer Games is a multi-sport event, created by the Southern Alberta Recreation Association (SARA). The first Games were held in Pincher Creek in 1970 with 1,200 competitors ranging from 6 to 80 years of age.

THE 1980 CLARESHOLM GAMES HAD THE HIGHEST ATTENDANCE WITH 4,700 ATHLETES COMPETING.

- 0 2014 2,262
- 0 2015 2,164
- 0 2016 2,512

UNDER 18 18 AND OVER 2015: 1,609 2016: 1,894 2015: 575 2016: 618 Top 3 Regional representations in 2016









HOW THE COMMUNITY FOUNDATION HELPS



GRANT GIVEN TO

Barons and Carmangay Schools

USED FOR

Skates and helmets for students

Skating is an often taken for granted opportunity by many Canadians, one many of our students never would have experienced. For the first time in our schools' history we will be able to experience skating as a whole group this winter. Our students are so excited. This is an opportunity they have been asking about for years and finally it is now a reality.

-Fred Jack, Principal, Barons and Carmangay Schools



Cost of Sport

Canadian families spend an average of \$953 annually for one child to play in organized sport with families in Alberta spending the most (\$1,428 annually/child). 1 in 3 children in Canada can't participate in organized sport due to cost

n 2015, KidSport helped **581 children** in southwestern Alberta participate in sport



- Lethbridge and Taber 387
- Officesholm 57 Pinigher Creek: 30 Vulcan County: 39 Orowanest Pass 24 Mountain View 44

Top 3 Sports subsidized by KidSport in Alberta in 2015









ACTIVE COMMUNITIES

Blood Tribe Diabetes Walk: Hosted in 2016 by the Blood Tribe Department of Health, the walk raises awareness about diabetes in the Aboriginal population

100+ Participants at the 2016 awareness walk



- There are 11 million Canadians with diabetes, affecting approximately 1 in 14 Albertans
- Diabetes in Aponginal communities is 3 to 5 times higher than in the non-Aboriginal population.

Vulcan Timman Triathlon: The Town of Vulcan has declared the first Saturday of June (National Health & Fitness Day (The Timman Triathlon help on this day buts a high emphasis on participation and a low emphasis on competition.

\$250,000 Raised by the triathlon for Vulcan town and county programs

 The first 10 years of the race averaged 200 competitors annually it has now been running for 27 years, and had 950 participants in 2016

MENTAL HEALTH

1 IN 5 Canadians experience a form of mental illness at some point in their life

- Nearly 4,000 Canadians die by suicide each year, averaging almost 11 suicides per day
- From January to Tune 2014, there were 252 suicides in Alberta. During the same period in 2015, there were 327 (a 30% increase in suicides year to year).



DID YOU KNOW?

Young Canadians ages 15 to 24 are more likely to experience mental illness and/or substance use disorders than any other age group

 In 2012, suicide accounted for 17% of deaths among youth ages 10 to 14, 28% among youth ages 15 to 19, and 25% among young adults ages 20 to 24

Canadian Mental Health Association (CMHA)

CMHA has been providing mental health education, advocacy, and services to Lethbridge and surrounding community for 51 years. Over the past 5 years CMHA has seen an increase in service requests, as well as an expansion of services. In 2015 the CMHA helped with

- 54,110 information/referrals
- 338 calls for information
- 4,169 crisis service interventions
- 2,296 crisis follow-ups

The two most utilized programs of CMHA are

1 CRISIS INTERVENTION TEAM 2 DISTRESS LINE

A new program to combat the stigma of mental health:

CMHA in partnership with the Mental Health Commission of Canada has launched a new program to help youth in our community reduce the stigma surrounding mental health illness.

MAY 2015, FIRST YOUTH ANTI-STIGMA SUMMIT ATTENDED BY

Schools 7 Teachers 27

Students 105 Facilitators 18



CULTURAL LIF

Southern Alberta Art Gallery (SAAG)



DID YOU KNOW?

19 TOTAL ARTISTS:









- 781: Number of Arts Education and Learning activities (2015)
- 29,368: Attendance at Arts Education and Learning activities (2015)







University of Lethbridge Art Gallery

The University of Lethbridge Art Gallery houses over 14,400 world class objects. There are two galleries (the Main Gallery and the Helen Christou Gallery), as well as the Papokan Sculpture Park, located on the University of Lethbridge's campus.

Writing-on-Stone Provincial Park

Located in the Milk River valley, Writing-on-Stone is home to the largest concentration of **First Nation petroglyphs** (rock carvings) and pictographs (rock paintings) on the great plains of North America.

2015 ATTENDANCE

- 15,537: Total Visitor Centre attendance
- . 2.975: Rock Art Tour program
- 1,035: Writing-on-Stone 101 program
- 1,320: School Tours program





DID YOU KNOW?

Hillcrest Mine Disaster

The Hillcrest Mine Disaster on June 19, 1914 remains the greatest loss of life in a Canadian mine with 189 dead.











Other disasters in that same period include:

- Frank Slide: April 29, 1903 | 90 dead
- Bellevue Mine Disaster, December 9, 1910 | 31 dead









HOW THE COMMUNITY FOUNDATION HELPS



GRANT GIVEN TO

Hillcrest Mine Disaster Committee

USED FOR

Centennial Memorial Project

The Hillcrest Mina Disaster Memorial Park was an exciting project that allowed us to both continue the commemoration of the Hillcrest Mine Disaster, but also recognize the centennial of that tragic event and how it is still important to the Crowsnest Pass today. The Park tells some fascinating stories about Crowsnest heritage while also being a beautiful area to be enjoyed by all.

-Chris Matthews, Chair, Hillcrest Mine Disaster Committee



In 1981, the United Nations Educational Scientific and Cultural Organization (UNESCO) designated Head-Smashed-In Buffalo Jump as a World Heritage Site. Other world heritage monuments include the

Egyptian pyramids, Stonehenge, and the Galapagos Islands.

61,298 TOTAL VISITORS FROM APRIL 1, 2015 TO MARCH 31, 2016

South Country Fair

A 3 DAY, CAMPING STYLE, OLD-WORLD, OUTDOOR MUSIC FESTIVAL!

2016 marks the 30th anniversary of the South Country Fair. What began as a camping weekend for several local folk clubs has morphed into an annual event designed to expand cultural horizons by providing the opportunity to experience a diversity of music, spoken word, and



400 Volunteers support the fair annually



39 Artists (on average) attend from around the world

International Peace Pow-Wow

Artists come from Alberta and Canada but also Scotland, Ireland, England, France, Spain, India, Bulgaria, Germany, Norway, Ghana, Burundi, New Zealand, Australia, Brazil, Buryatia (Russia/Mongolia), and

 For the last three years over 2,000 people have attended the fair annually



2016 marked the 17th anniversary of the International Peace Pow-Wow and Festival, a two-day event that is filled with Pow-Wow dance

and music competitions, and hosted by the Blackfoot Canadian Cultural











Southern Alberta Ethnic Association

n Visitors 34,270

Canadian Visitors 9,883

American Visitors 9,072 International Visitors 8,073

Head-Smashed-In Buffalo Jump

The goal of the Southern Alberta Ethnic Association is to share the increasing diversity of our community with our region and to eliminate racism and foster open communication.

35 Smaller multicultural groups are members



DID YOU KNOW?

17 SOCIAL EVENTS TOOK PLACE IN 2015 INCLUDING

Monthly culture night dinner
 Festival Latino

YEAR 2015

- 202 Danders (Adult)
- 484 Danders (Youth)
- 19 Drum Groups (10 Singers each)
 13 Drum Groups (10 Singers each)
- 3,850 Attendees

- 163 Dancers (Adult)
- 376 Dancers (Youth)
- 3,471 Attendees









OUR MISSION

ATB Financial is the largest Alberta-based financial institution with 5,000 team members helping more than 697,000 customers in 242 Alberta communities. Like our Differts, we're Albertans. We work beside them and with them in their communities, and we not for their success because it's our success, too

OUR MISSION

Guided by our focus to remain a well-respected and trusted insurance brokerage, McKillop will strive to fulfill customer needs by finding the right products for the right price. This will be achieved with friendly and professional services by our staff. Our success will be driven by our people.

COMMUNITY FOUNDATION STAYS CONNECTED TO THE COMMUNITY

The Community Foundation extends its appreciation to all of the organizations and individuals who contributed information to this year's report:

- 5th on 5th Youth Services
- Sthion of him Youth Services
 Alberta Agriculture and Forestry
 Alberta Biodiversity Monitoring Institute
- Alberta Education
- Alberta Education
 Alberta Environment and Parks
- Alberta Human Services Alberta Human Services (Family and Community Support Services Branch) (Family and Community support

 Bees Matter

 Blackfoot Canadian Cultural Society

 Communications Department

- Butte Emergency Food Bank

- Chinook Regional Foundation for Career Transitions
 Nanton Food Bank Chinook Regional Foundation for Career Transitions

 City of Letthorings

 Claresholm and District Transportation Society

 Chronician Society

 Pincher Greek Care Bears Society

 Pincher Greek Fane Bank

- Claresholm Food Bank
- Coaldale Food Bank

- Community Foundations of Canada (Sport & Belonging Report)
- Elections Canada
- Environment Lethbridge
- Food Banks Canada HungerCount 2015
- Fort Madleod Kids First Family Centre
- Head-Smashed-In Buffalo Jump
- Hillions Mines Disaster Memorial Committee
 Kainai Women's Wellness Lodge

 Parin Vira Transer.

- KiuSport Alberta
 Lethbridge Association for Community Living
 Streets Alive Mission
 Taber Food Bank

- Butte Emergency Food Bank
 Canadian Council on Social Gevelopment
 Canadian Diabetes Association
 Canadian Diabetes Association
 Canadian Heritage
 Canadian Medical Association
 Canadian Mental Health Association
 Canadian Mental Health Association
 Canadian Parks and Wilderness Sociaty
 Nanton Food Bank
 Nental Health Commission of Canadia

 - Plincher Creek Food Bank
 - Pincher Creek Food Bank
 Pincher Creek Women's Emergency Shelter
 WWGA Lethbridge and District
 WWGA Lethbridge and District

- Prairie Conservation Forum
- Ready, Set, Go Organizing Committee Lethbridge
- Safe Haven Women's Shelter
- Social Housing in Action
- South Country Fair
- Southern Alberta Art Gallery
- Southern Alberta Ethnic Association
- Southern Alberta Individualized Planning Association
- Southern Alberta Regreation Association
- Statistics Canada
- Status of Women Canada

- Trailforks
- United Riders of the Crowsnest Pass
- University of Alberta
- University of Lethbridge Art Gallery
 University of Lethbridge Department of Kinesiology and Physical Education
- Vauxhall and Area Food Bank
 Vulcan Regional Food Bank
 Vulcan Tinman Sport Association
- Writing on Stone Provincial Park



COMMUNITY FOUNDATION

LETHBRIDGE + SOUTHWESTERN ALBERTA

ABOUT US

Communities flourish through generosity

MISSION

The Community Foundation of Lethbridge and Southwestern Alberta provides an effective, flexible method for caring and generous individuals of all means to connect to worthy causes in southwestern Alberta

BOARD OF DIRECTORS

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Vice-President (Lethbridge) Geri Hecker

econd Vice-President (Lethbridge) (Coaldale)

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Thank you to Community Foundations of Canada

Special thanks to the Toronto Foundation for developing and sharing the Vital Signs concept and Community Foundations of Canada for supporting a coordinated national Vital Signs initiative

For more information visit; www.vitalsignscanada.ca

VitalSigns



VitalSigns